

CMM CIRCULAR

Fall 2012



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Statements, claims & opinions made in articles are those of the author & don't necessarily reflect the views of the CMM or Executive.

Submissions are subject to editorial changes.

CMM CIRCULAR DESIGN & LAYOUT

Kathy Kirby

Autumn appears as summer makes its exit, the hours of light get shorter as fall says hello....

Autumn brings to mind images of colourful leaves, cool crisp weather, back to school time, football games, carving pumpkins! September has always seemed more like the beginning of a new year than the first of January. Perhaps it's all those years when the turn of the calendar to September meant the start of a new school year.

We would like to extend a warm welcome to 5 newly registered midwives! (Listed in sidebar on page 2). Manitoba is indeed fortunate to have them. All are working in various practice groups throughout Winnipeg. We wish our midwives on maternity leave all the best, and to those whom have returned back to practice, welcome back!

Hope you all had a moment to review the CMM Annual Report 2011-2012; it's on the website. If you would like a paper copy, please contact the CMM.

We have heard that the Committee to Select Public Representatives is busy interviewing candidates for our Council and CMM committees! Nice to know our Circular is making its way around Manitoba! There have been many responses to the advertisement that went out in the Manitoba Community Newspaper Association (MCNA) earlier this summer. We thank this committee for doing such a good job!

We would like to take this opportunity to announce the retirement of Ann Sawers, midwife in Brandon Manitoba, also, Marla Gross, midwife in Winkler Manitoba, and acknowledge their contributions throughout the years to Midwifery.

*'As you move on into the next amazing chapter of your life,
Know that you will be missed,
Know that our very best wishes and thoughts go with you,
Come and visit us often -
For this is farewell and not goodbye'
Enjoy this new season in your life!*

May this season bring you great health in your relationships, community & personal lives, may you always have enough to keep you healthy, happy and whole! Kathy



*skura photography



Rebecca Wood, RM

Becky has been a member of the College of Midwives of Manitoba since June 12, 2000.

She is the chair of the CMM Quality Assurance Committee and is currently an instructor for the University College of the North Bachelor of Midwifery/KOBP Program.



COMMITTEE UPDATES

QUALITY ASSURANCE COMMITTEE:

CMM Reflective Practice

Reflective practice is a core competency of midwifery in Manitoba, across Canada and around the world. It is an increasingly important aspect of evidence for continuing professional development (Davies, 2012). The College of Midwives of Manitoba has included Reflective Practice as a requirement of the Quality Assurance Program since its inception. According to the CMM standard on Quality Assurance for Midwives, reflective practice is to be used to self-assess our practice, compare our practice to College guidelines, and create continual learning plans and goals for ourselves. Reflective practice is also incorporated in the peer review process, log of continuing education activities, review of client evaluations and midwives' personal practice data summary (CMM, 2005).

There are a number of methods and models of reflective practice that can be used to help us guide our process. Methods of reflective practice include dialogue (talking about our experiences with each other), writing, mind-maps, point-form outlines, lists of learning goals, artistic expression, or audio-recording. The key aspect of reflective practice for regulated quality assurance programs is the need for evidence of reflection. This means that practitioners must provide evidence in the form of documentation. The challenge many midwives have expressed is the concern of keeping a personal record of clinical actions and cases, particularly when the case is an unanticipated outcome, possibly with adverse clinical effects. The primary questions for reflective practice are "what did you learn and what are you going to do with that learning?" One model of reflective practice suggests that we ask three questions: "What happened? So What? Now what?" If you choose to reflect on cases that presented challenges, you can bypass the description or summary of the case and focus solely on "what did you learn?" Without any specifics of the case. In fact starting with the question of "what did I learn?" is the best place to start. One midwife who practices a day of yearly reflection does mind maps on her learning goals (i.e. grow in confidence during high risk situations >> take the ALARM course this year).

The College is aware that midwives have expressed concern of keeping a personal written account of experiences and its role in liability and insurance claims. This concern is being researched in conjunction with HIROC and the Midwives Association of Manitoba and will be discussed further. For now, we encourage midwives to continue to learn from their experiences, write reflections about what they are learning in order to grow both personally and professionally by taking the time to reflect. Submitted by Rebecca Wood, RM.

Davies, S. (2012). "Embracing Reflective Practice," *Education for Primary Care*. 23: 9–12.

College of Midwives of Manitoba.(2005) Standard on Quality Assurance for Midwives. *Registrant's Handbook*.

NEW ARRIVALS!

CONGRATULATIONS!

FLEUR McEVOY

BABY KATE McEVOY OSTERMAN

JOELLE ROSS

BABY SAMUEL ROSS

BAILEIGH KAPTEIN

BABY OTTO MARTINUS ANAKA

JULIA ALLEN

BABY DAVIS ALLEN MOORE



REGISTRATION STATUS UPDATE

Non-practicing:

Fleur McEvoy – July 24, 2012

Joelle Ross – July 29, 2012

Resigned – Lori Rose – July 31, 2012

Marla Gross – August 11, 2012

Baileigh Kaptein – August 15, 2012

Michelle Kryzanaszkas – September 1, 2012

Toni Fehr – September 1, 2012

Melissa Langlais – September 7, 2012

Ann Sawers – September 28, 2012

Karen Macloskie – October 1, 2012

NEW CMM REGISTRANTS

Joan Keenan, June 14, 2012

Crystal Williams, June 14, 2012

Catherine Abbott, August 15, 2012

Danielle Laxdall, September 4, 2012

Crystal Childs, October 26, 2012

NEW CMM STUDENTS

Joanna South-Perras - June 19, 2012

Janeth Minero – June 25, 2012

Joyce Bishop – July 12, 2012

Emily Weigelt – October 19, 2012

COMMITTEE UPDATES cont'd

STANDARDS COMMITTEE

The Standards Committee will resume its work after a quiet summer with its next meeting occurring on November 5th. The agenda is full and they anticipate a busy year ahead! The Registrants Handbook is a big priority and is currently under review. Specifically, shared care, VBAC, waterbirth, transfer of care, and fetal health surveillance are undergoing work.

PERINATAL REVIEW COMMITTEE

The Perinatal Review Committee met on September 21 and will meet again on November 9 to review three newly referred cases.

EDUCATION COMMITTEE

The Education Committee met on October 29 and continues its work on the upcoming approval process for UCN's Midwifery education program.

KAGIKE DANIKOBIDAN (KD)

Kagike Danikobidan had an in-person meeting in May. The Committee's focus was centered on a completion plan for the original KOBP students, the status of the KOBP Advisory Committee, the status of the current midwifery education program, and the future of midwifery education in the North.

KD continues to strongly believe that midwifery care is essential in the north and that it is the key to repatriating birth to northern communities and to safe care for mothers and babies. It is imperative that both the Federal government and the Province of Manitoba look at improvements to maternal and child health.

CANADIAN MIDWIFERY REGULATORS CONSORTIUM (CMRC)

The regular CMRC in-person meeting took place on October 15 and 16, 2012 in St. Johns NL. Janice attended representing Manitoba and Patty as the Secretariat Officer.

The CMRC's goals identified this year include:

- A national approval process for Canadian midwifery education programs.
- Continued support for the development of midwifery regulation in the Yukon, PEI and Newfoundland.
- Support efforts to facilitate policy changes at the provincial/territorial levels that will allow midwives to prescribe narcotics according to the New Class of Practitioners schedule.
- Contribute to the efforts of the ICM in supporting midwifery regulation in all areas of the world by continued involvement on the ICM Regulation Committee (2012-2015).

**IF YOU HAVE RECEIVED MIDWIFERY TRAINING
OR EDUCATION IN A COUNTRY OTHER THAN
CANADA, AND YOU WOULD LIKE TO KNOW
ABOUT HOW TO BE REGISTERED AS A MIDWIFE
IN MANITOBA PLEASE CONTACT
Janice Erickson, Registrar
registrar@midwives.mb.ca or
by phone at 204 783-4520.**



The **WHO Growth** charts are considered the gold standard for monitoring and assessing the growth of infants and children. Manitoba Health supports and encourages the transition to using the WHO charts across the province.

The **2006 WHO Child Growth Standards** (for birth to 5 years) and the **2007 WHO Growth Reference Charts** (for ages 5-19) are available for order through Materials Distribution Agency (MDA).

To place an order, please visit <http://www.gov.mb.ca/health/jmc/> or call 204-945-0570

The **WHO Charts** area also available for download at:

<http://www.cps.ca/english/publications/cps10-01.htm>

Included on the website is a **self-instruction training program**, a *Health Professional's Guide to Using the New WHO Growth Charts* and a collaborative statement on the rationale for use.



Women's Health Clinic Birth Centre

The birth centre offers women a home-like place in the community where they can give birth attended by midwives and surrounded by their families. Centrally located at the corner of St. Mary's Road and St. Anne's Road, Winnipeg's first birth centre will provide a range of clinical and educational services to support women and their families through pregnancy, birth, and early parenting.

The birthing area has four spacious birthing rooms. Each one has comfortable furniture, a large tub and shower for use during labour and birth and medical equipment, stored discreetly out-of-sight until it is needed. There is a nearby area where labouring women can walk and have access to outdoor green space.

The Birth Centre support staff includes medical assistants, health educators, counselors and administrative staff. The Birth Centre has had 93 births as of October 2012. For more information about the Birth Centre or a virtual tour, click on the link: <http://www.womenshealthclinic.org/birthingmothering>



EChart Manitoba Benefits Manitoba's Healthcare Providers

EChart Manitoba is a secure electronic system that connects authorized health-care providers to key health information contained in a single, safe electronic record currently collected from multiple points of care. The system has been running for almost two years and as of September 28, 2012, is now available in 75 locations across Manitoba.

As part of ongoing improvement initiatives, the program recently completed a benefits evaluation conducted by G. Braha and Associates of the first 33 primary care and emergency departments that went live with eChart Manitoba between December 2010 and July 2011. The evaluation feedback provided insights into when eChart is used and which clinical information areas are being accessed.

Information in a single spot

EChart usage is increasing among physicians, nurses and nurse practitioners. The evaluation revealed that the system is used more frequently when clinicians see new patients or those with several or complex medical conditions. Users indicated that eChart provided relevant, important and reliable information that assisted them in making informed and timely decisions about their patients' care. Frequent users were enthusiastic about improved speed and ease of accessing information, particularly for those without prior direct access to DPIN or MIMS. As one doctor stated, "EChart takes away some of the detective work that the physician would have likely had to do."

Improved patient service, patient safety, quality of care

Study respondents indicated that the system allowed them to access and use information that ultimately provided better patient-centered care. EChart was found useful in avoiding repeat patient visits by identifying and addressing additional needs in the same visit. Respondents conveyed that they were able to focus on patient care rather than spending time gathering information and liked having the ability to share a visual display of clinical information. Another benefit cited was improved continuity of care and exchange of information with other clinicians. "EChart provides for a richer, more fruitful patient visit," stated one nurse.

TOPICS OF INTEREST cont'd

Information is the best medicine

Respondents indicated that they were able to access information to support best practice and select appropriate interventions, such as an emergency visit follow-up in a primary care setting. They also commented that the system supports care for "challenging patients" such as those with drug-seeking behavior or chronic diseases.

Clinicians that participated felt that they had ready access to accurate information and were able to follow through on information viewed in eChart, including identifying the need to reassess medications, verifying that medications were being taken as prescribed and altering intervention based on viewable results. One nurse stated, "EChart provides more safety for the patient by helping to avoid duplication in prescriptions; it offers 'peace of mind' for both the patient and the clinician."

EChart Manitoba will utilize these findings to improve the program to support the long-term vision of connecting care throughout Manitoba's health-care system.

For more information on eChart Manitoba or to read the Benefits Evaluation Executive Summary go to: www.connectedcare.ca/echartmanitoba

COUNCIL AND COMMITTEE MEMBERSHIP

Council of the College

Darlene Birch, RM (Northern RHA) Rural
Kelly Klick, RM Chairperson (WRHA)
Gisele Fontaine, RM (WRHA)
Kari Hammersley, RM (Western RHA) Rural
Sheila Mills, RM (WRHA)
Carolyn Markmann (Appointed Public Rep) Rural
Thelma Mason (Kagike Danikobidan Rep) Rural
Appointed Public Representative – Shannon Lavell (Rural)

Board of Assessors

Marla Gross, RM, Non-practicing
Sheila Mills, RM Chairperson (WRHA)
Marlaine Anderson-Lindsay (Appointed Public Rep)
Mary Beens (Appointed Public Rep)
Cara McDonald, RM (WRHA)
Janet Macaulay, RM (WRHA)

Complaints Committee

Kelly Klick, RM Chairperson (WRHA)
Carol Griffin, RM (Southern RHA) Rural
Darlene Mulholland (Kagike Danikobidan Rep) Rural
Karen Macloskie, RM (Non-practicing)
Appointed Public Representative – pending

Education Committee

Carolyn Nykiforuk, RM (WRHA)
Kari Hammersley, RM (Western RHA) Rural
Sara Corrigan (Appointed Public Rep)
Lori Peters (Appointed Public Rep) Rural
Freda Lepine (Kagike Danikobidan Rep) Rural

Perinatal Review Committee

Gisele Fontaine, RM Chairperson (WRHA)
Lara Petkau, RM (Southern RHA) Rural
Ling Ou Chen, RM (WRHA)
Abigail Tackie Larson, RM (WRHA)
Dr. Ferd Pauls

Standards Committee

Darlene Birch, RM (Northern RHA) Rural
Marla Gross, RM, Non-practicing
Gisele Fontaine, RM (WRHA)
Joelle Ross, RM, Non-practicing/Chairperson
Gordana Lemez, RM (WRHA)
Rebecca Wood, RM (WRHA)
Daniele Bajus (Appointed Public Rep)
Lyn Hotchkiss (Appointed Public Rep) Rural

Quality Assurance Committee

He Hu, RM (WRHA)
Rebecca Wood, RM Chairperson (WRHA)
Darlene Birch, RM (Kagike Danikobidan) Rural
Darlene Mulholland (Kagike Danikobidan) Rural

Kagike Danikobidan (KD)

Darlene Birch, RM (Northern RHA)
Maggie Flett (Island Lake)
Ruth Ellen Flett (Island Lake)
Freda Lepine (Chairperson) Thompson
Thelma Mason (Garden Hill)
Nelliane Cromarty (Garden Hill)
Darlene Mulholland (Thompson)
Doris Young (The Pas)
Sandy Howard (Student rep)

Committee to Select Public Representatives

Kelly Klick, RM Chairperson (WRHA)
Tanya Jonasson (Rep appointed by the Women's Health Clinic)
Kirsten McFarlane (Appointed Public Rep) Rural
Kagike Danikobidan Representative- pending
Bibiane LaFleche (Appointed Public Representative)

COUNCIL & COMMITTEES MEETINGS

Education Committee – TBA

Standards Committee – November 5, 2012, 1:00 – 4:00 p.m.

Perinatal Review Committee – November 9, 2012, 9:30 – 1:30 p.m.

Quality Assurance Committee – TBA

Council Meetings – November 26, 2012, January 21, 2013 and March 18, 2013.

RETURNING TO PRACTICE?

*Please remember that in order to return to practice you must submit your **RETURN TO PRACTICE FORM** 30 days prior to returning back to work. Please contact the CMM for a form. You must*

HOLIDAY SCHEDULE

Remembrance Day – Sunday, November 11, 2012

Monday, November 12, Office will be closed.

Christmas Schedule:

Monday, December 24, office closed at noon.

Tuesday, December 25, office closed.

Wednesday, December 26, office closed.

Monday, December 31, closed at noon.

Tuesday, January 1, 2013 - closed.

Please call ahead if planning to drop in as we will be functioning with reduced staff levels.

CONTACT THE CMM

College of Midwives of Manitoba (CMM)

235-500 Portage Avenue

Winnipeg, Manitoba R3C 3X1

Phone: (204) 783-4520

Fax: (204) 779-1490

Email: admin@midwives.mb.ca

Website: www.midwives.mb.ca

CMM STAFF

Registrar: Janice Erickson, BA, RM (non-prac)

Executive Director: Patty Eadie, BA, BSW

Administrative Officer: Kathy Kirby

OCTOBER						
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JANUARY						
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27	28	29	30	31		

Stress is basically a disconnection from the earth, a forgetting of the breath. Stress is an ignorant state. It believes that everything is an emergency. Nothing is that important. Just lie down.

Natalie Goldberg