



COVID-19 NOTICE

April 27, 2020

This notice is to confirm that Midwives in Manitoba are authorized to order Hemoglobin A1c (HgA1c) as an alternative to usual screening for Gestational Diabetes due to the COVID-19 pandemic.

In communities or individual circumstances where 50g glucose challenge and the 75g GTT are not accessible or recommended, the SOGC and Diabetes Canada are proposing an alternative screening strategy that includes:

- Offering screening with an HbA1c and non-fasting random plasma glucose at 26-28 weeks
- Women with an A1c of $< 5.7\%$ and a random plasma glucose < 11.1 mmol/L require no further testing or treatment

Those with an A1c ≥ 5.7 or a random plasma glucose of ≥ 11.1 mmol/L are identified as having GDM and should be referred to the inter-professional diabetes and pregnancy health-care team

Access to 50g glucose challenge and 75g GTT may differ in communities across the province. Midwives should follow regional policies where they exist.

Janice Erickson, Registrar